



First Nations Health Authority  
Health through wellness

Nuxalk Nation Health Center  
PO Box 93  
Lot 500-Highway 20  
Bella Coola, BC V0T 1C0  
(P) 250-799-5902  
(F) 250-799-5912

November 29, 2020

Dear Community,

Nuxalk Health, First Nations Health Authority, Acwsalcta Administration and the VCH Communicable Disease Team have been working closely over the last 2 days to deal with the recent notification of a positive COVID-19 case here in Bella Coola.

Please read each document in this notification **IN FULL** so that you have a thorough understanding of the situation.

The best way to keep your family healthy is by practicing:

- Frequent hand washing
- Social Distancing (no gatherings of any kind)
- Avoiding sharing personal items (toothbrushes, cigarettes, cell phones, etc)
- Sanitizing high touch surfaces
- Using masks when in public spaces
- Urgent/Medical Travel ONLY

If you are concerned about the health of your child/family or would like to know more information about testing for COVID 19, please contact **Sophie Mack, CHN at 250-799-5902 or Amelia Penney, PHN 250-799-5722 Mon-Fri 9am to 5pm**. The Bella Coola General Hospital offers COVID 19 testing through a drive through system at the side of the hospital **7 days a week**. COVID 19 testing is only available to those people who have symptoms.

To contact the Nuxalk Health Center you can call 250-799-5809 and the Emergency Operations number is 250-799-5368.

Sincerely,

Kirsten Milton  
Health Director  
Nuxalk Health Office

Sophie Mack, RN  
Community Health Nurse, FNHA  
Nuxalk Health Office