

COVID-19 COORDINATED INFORMATION UPDATE for the Bella Coola Valley - April 24, 2020

The various leaderships within Nuxalk territory are working together for the safety of all residents



A message from Statałtmc
Nuxalk Ancestral Government

We first acknowledge Alhkw'tnam for everything provided. Nuxalkulmc is closed. Non-essential traffic are trespassers. All arrivals must quarantine for 14 days. We all limit physical interactions, only going out for essentials. Preparations are being made to implement a total valley lockdown.

Respect, honour and prayers to those working to keep us healthy.



A message from the
Nuxalk Nation EOC

- Outdoor bulletin boards are located at Quasmaals and at the Acwsalcta school
- Traffic at the Information Checkpoint has decreased & all persons entering the valley are required to self-isolate for 14 days
- Permission to enter the community goes through Statałtmc, complaints about gatherings or overseas travellers not self-isolating go to RCMP, patient travel self isolation goes protocols go to Band Office
- Road crews are clearing debris from the highway between 4mile and downtown and more will be happening so we ask anyone driving to please drive slowly past any workers
- **Questions? Email eocinfo.nuxalk@gmail.com**



A message from the Central
Coast Regional District

- The CCRD Regional EOC continues to provide response support throughout the Central Coast, including Denny Island, Bella Bella/Heiltsuk Nation, Ocean Falls and Rivers Inlet/Wuikinuxv Nation, Bella Coola Valley/Nuxalk Nation.
- CCRD's current role is to comply with provincial direction, support local health authority plans and efforts and collaborate with First Nation emergency activations.
- Our response to COVID-19 is being led by the provincial health authority, Emergency Management BC and First Nations.
- The Bella Coola Community Support Society offers counselling and support services to all residents of the Bella Coola Valley. Services include victim assistance, women's outreach & anti-violence counselling, family/parenting support, and addictions counselling. To access these services, please call 250-799-5588
- Please visit BC Wildfire online or call 1-888-336-7378 for the latest burning restrictions.
- The Bella Coola Valley Bus is here to serve the community but passenger limits are in place to help with physical distancing. Operating Mon-Sat 8:00am-6:00pm. Call: 250-799-0079 to book a trip.
- Questions? Contact the CCRD Regional EOC at 250 799 5291 or info@ccrd.ca or visit www.ccrd.ca



A message from Vancouver
Coastal Health

- Covid seemed like it was becoming less prevalent, but Vancouver just experienced an outbreak. This is still a serious threat to all our lives. Please keep to the rules of social isolation.
- The MHO (Medical Health Officer) suggested that we get out into the sun, go for walks, bike rides, but do it all keeping six feet apart from others and in small groups (5 or less preferred). When you stop to chat to a friend outdoors do it while keeping 6 feet apart.
- Visitor restrictions at hospital and LTC continue as per MHO Provincial Order. Only essential visits may be allowed. We realize this can be stressful but please try to connect via phone or video messaging with your loved ones until these orders are lifted.
- Bella Coola General Hospital continues to provide Virtual and In-person (when safe to do so) mental health supports. If you are experiencing any mental health or psychosocial challenges and would like to speak with professional therapists and case managers please contact the mental health team at 250-799-5311.