

# COVID-19 COORDINATED INFORMATION UPDATE for the Bella Coola Valley - June 12, 2020

The various leaderships within Nuxalk territory are working together for the safety of all residents



A message from Staltmc  
Nuxalk Ancestral Government

We continue to have a checkpoint on our highway  
Our Nuxalk Valley remains closed to all non-essential traffic  
Essential traffic includes food, fuel, mail, supplies and medical  
Please avoid all non-emergency travel out of our Valley  
Travel permits may be requested from the EOC

*Respect, honour and prayers to those working to keep us healthy.*



A message from the  
Nuxalk Nation EOC

- **Travel restrictions are still in place - thank you to everyone for your continued cooperation - we know this is a difficult time**
- Essential services are exempt from this order
- Questions regarding travel permits should be directed to Colleen Gabriel or Terry Webber at [eocops2.nuxalk@gmail.com](mailto:eocops2.nuxalk@gmail.com) - this email is monitored daily or phone 250 799 5959
- The EOC is undertaking a survey of local businesses and organizations to review their re-opening plans and understand the impacts of COVID-19 on our Valley
- The checkpoint remains busy - there were approximately 135 vehicles traveling in or out of the Valley between May 28 - June 4
- Approximately 40% of travellers were non-local and approximately 64% did not have a permit
- The checkpoint continues to provide valuable information for the EOC, especially in the event we have a confirmed case of COVID-19, and we request that people to reach out for permits before undertaking travel in and out of the community



A message from the Central  
Coast Regional District

- The CCRD Regional EOC continues to provide response support throughout the Central Coast, including Denny Island, Bella Bella/Heiltsuk Nation, Ocean Falls and Rivers Inlet/Wuikinuxv Nation, Bella Coola Valley/Nuxalk Nation. Please check the CCRD website: [ccrd.ca](http://ccrd.ca) for regular updates and announcements.
- BC's Restart Plan is available on the CCRD website. CCRD's restart service changes will be posted on our website in due course.
- Businesses please refer to the CCRD website for important resources and contacts for your restart plan.
- The Bella Coola Legal Advocacy Program can assist with questions on the Canada Emergency Response Benefit and more. Contact Anne Fletcher at 250-982-2110.
- The Bella Coola Community Support Society offers counselling and support services to all residents of the Bella Coola Valley. Services include victim assistance, women's outreach & anti-violence counselling, family/parenting support, and addictions counselling. To access these services, please call 250-799-5588
- Questions? Contact the CCRD Regional EOC at 250-799-5291 or [info@ccrd.ca](mailto:info@ccrd.ca) or visit [www.ccrd.ca](http://www.ccrd.ca)



A message from Vancouver  
Coastal Health

- Monitor yourself for cold or flu-like symptoms before your scheduled appointment. If you're experiencing any changes to your health, please notify us prior to coming to hospital or clinic: call 8-1-1, or 250-799-5342, or 250-799-5311.
- Enter the hospital or clinic from the main entrance, a greeter will pre-screen everyone by asking about symptoms, ensure you perform hand hygiene, may ask you to put on a mask, and escort you to the appropriate department if needed. You may see floor decals/markers as well as signage to help you maintain a physical distance of at least two metres from others.
- Pharmacy continues their drive through services – call 250-799-5432 to order your medications and arrange for next day pickup Monday to Friday.
- All VCH facilities remain restricted to essential visits only in response to the COVID-19 pandemic. However, you are encouraged to connect with loved ones virtually using phone or video technology.
- Air Travel remains to be used for essential travel only at this time for Bella Coola - for staff, supplies, and essential medical appointments/transport. Air travel is not for general public travel at this time. Please respect local travel guidelines and restrict travel to essential needs only.