

# COVID-19 UPDATE

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BC'S RESTART PLAN

PRESENTED TO CCRD BOARD OF  
DIRECTORS

MAY 14, 2020



**Central Coast**  
REGIONAL DISTRICT

*That we may be good people together*

# COVID-19 Response Snapshot

- State of Provincial Emergency extended to May 26, 2020
- Numerous Public Health and Emergency Orders remain in effect
- CCRD Regional EOC (R-EOC) remains activated
- BC Restart Plan released by Provincial Government
- BC Restart Plan indicates a relaxing of orders and modified guidelines as early as next week
- CCRD's *Emergency Program Act* powers remain suspended in relation to the pandemic response
- First Nations in central coast maintain active local EOC's and emergency non-essential/non-resident travel restrictions
- Confusion and uncertainty as to provincial and federal support of travel restrictions

## Difference Between Orders

The **Minister of Public Safety and Solicitor General** has the ability to enact powers under the B.C. Emergency Program Act. These powers allow the government to do things such as secure critical supply chains to make sure people have access to essential goods and services, and that infrastructure necessary in a response is readily available.

The **Public Health Officer** has the ability to enact powers under the B.C. Public Health Act. This act provides the minister, public health officials, regional health authorities, local governments, and others with important tools such as up-to-date information gathering abilities, modern inspection and ordering abilities and measures necessary to respond to public health emergencies.

# Current CCRD pandemic response focus

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1. to ensure CCRD essential services and core operations continuity
2. to support all of health authority, PREOC and First Nation driven responses to the pandemic
3. to support CCRD Board in policy direction development and advocacy efforts
4. to support coordination of response needs between communities where helpful and on behalf of communities where needed.

# Presentation Focus

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Highlights of BC Restart Plan to assist CCRD Board in policy guidance over CCRD pandemic response both operationally and regionally

**BC'S RESTART PLAN**

**Next steps  
to move BC  
through the  
pandemic**

Stay Informed  
[www.gov.bc.ca/restartbc](http://www.gov.bc.ca/restartbc)



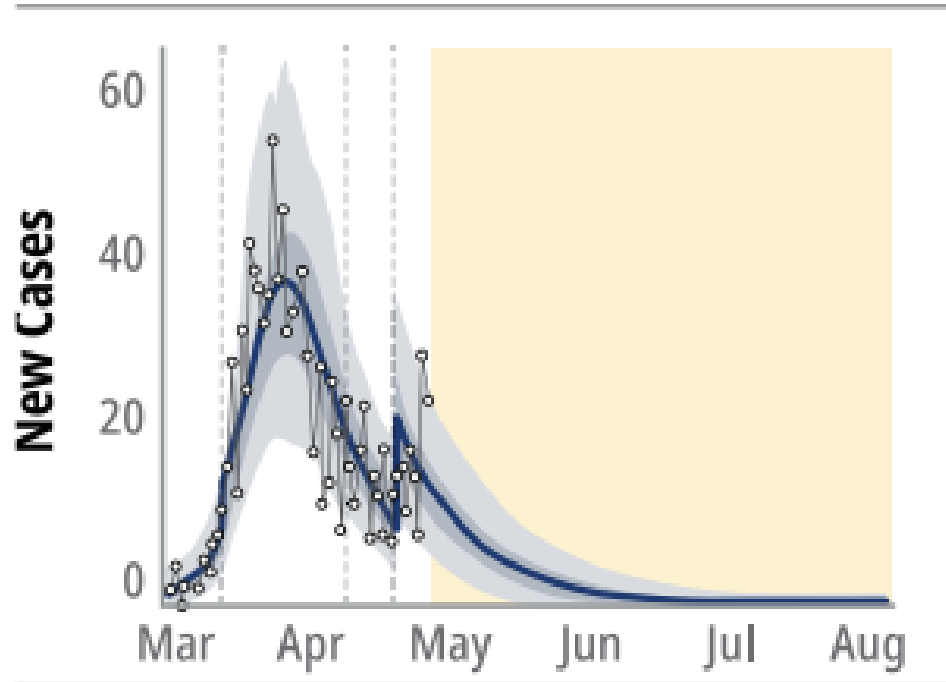
# FROM DR. BONNIE HENRY

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Preamble to *BC  
Restart Plan*:

“we have united  
in a singular  
purpose – to  
flatten our curve”

**FIGURE 2: Contacts stay at approximately 30% (70% physical distancing)**

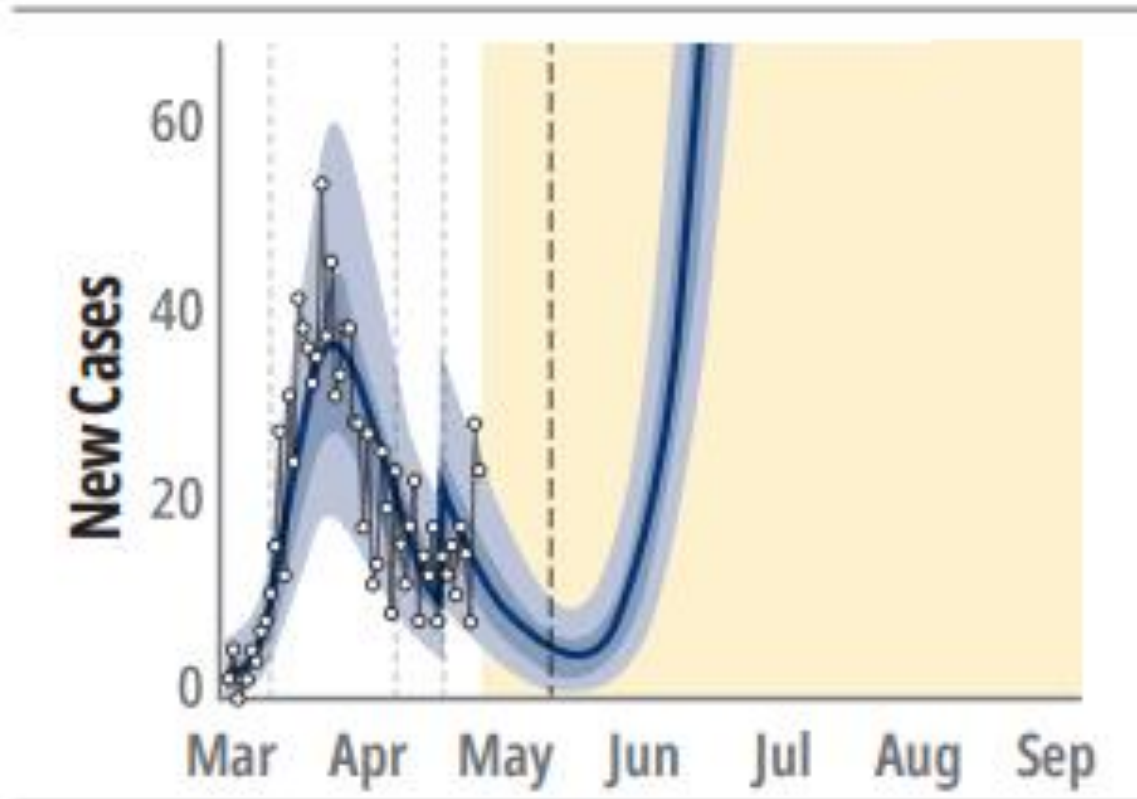


# BC's Modelling: today

HAVING 'FLATTENED THE  
CURVE' THROUGH 70%  
PHYSICAL DISTANCING



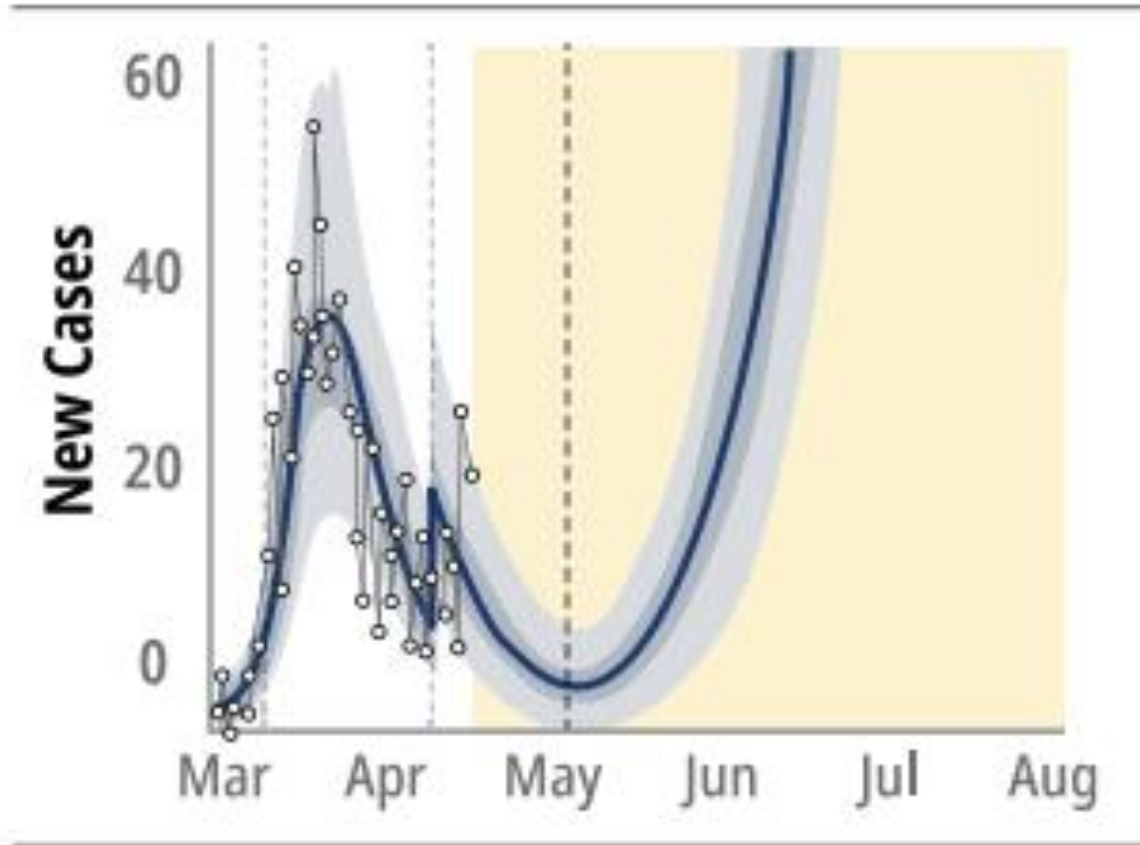
**FIGURE 3: Contacts increase to 100% (return to pre-COVID-19)**



## BC's Modelling: if back to normal

“...a return to pre-COVID-19 normal in our social interactions would have a disastrous effect, dramatically increasing infections, undoing our combined efforts and putting people at risk”.

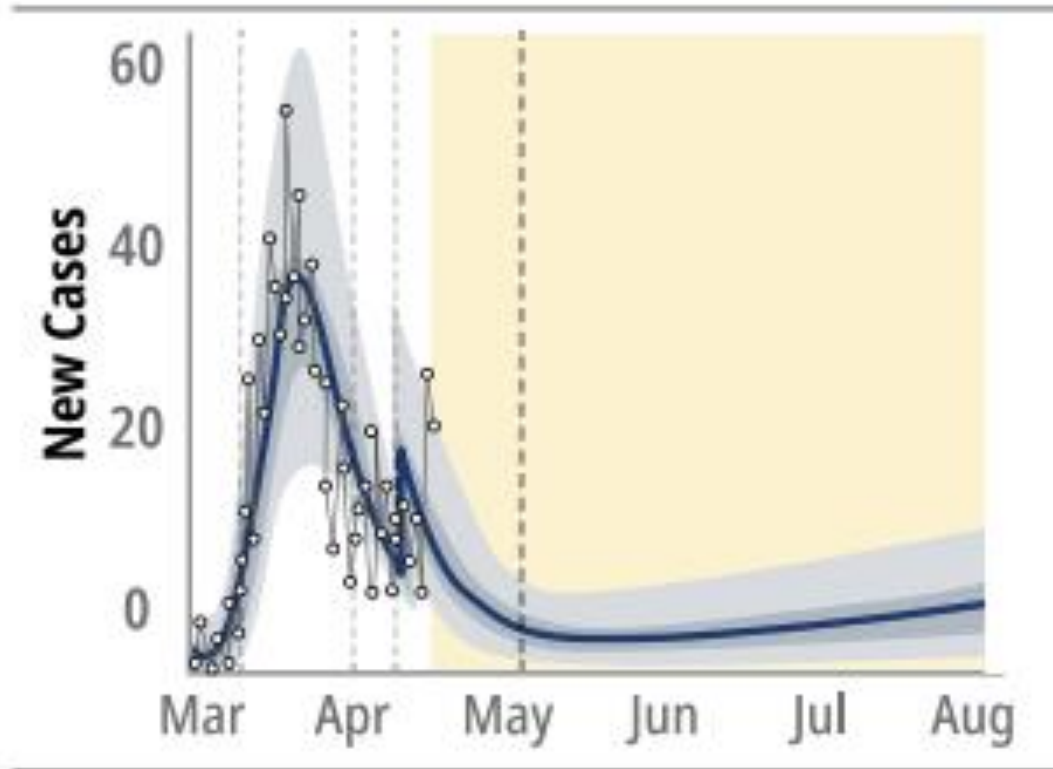
**FIGURE 4: Contacts increase to 80% (20% physical distancing)**



BC's  
Modelling:  
at 80% of  
normal

"EVEN AT 80% THERE  
COULD BE A  
SIGNIFICANT SPIKE IN  
TRANSMISSIONS".

**FIGURE 5: Contacts increase to 60% (40% physical distancing)**

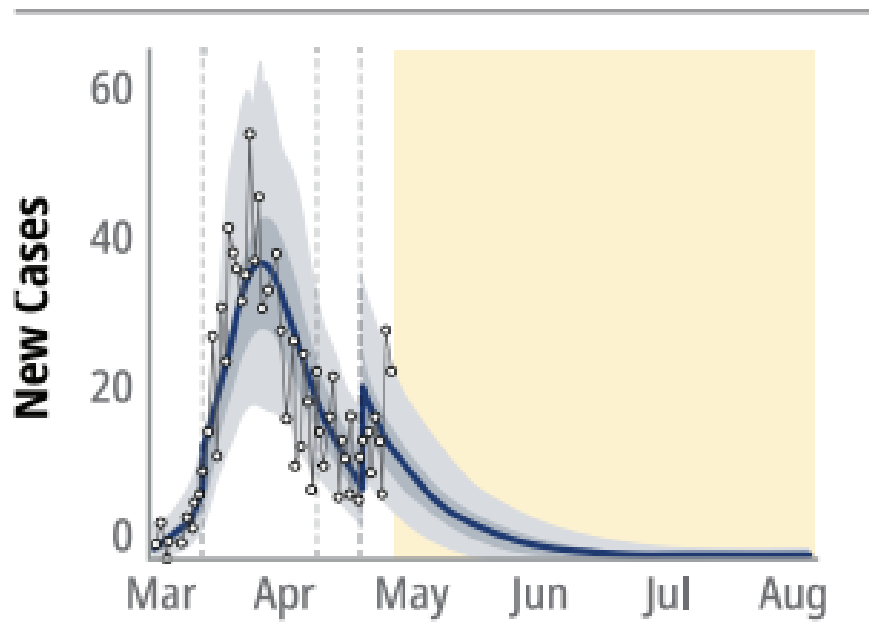


BC's  
Modelling:  
at 60% of  
normal

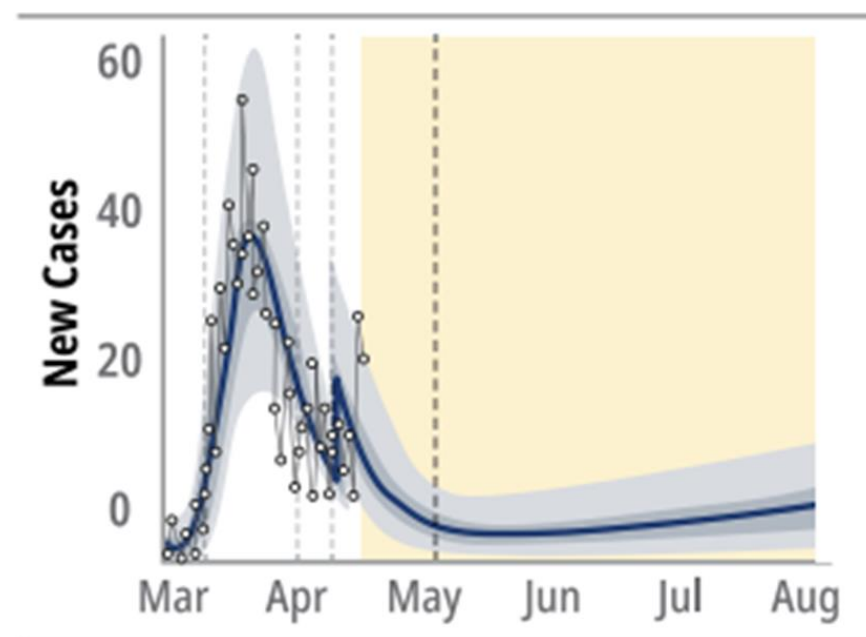
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"WE CAN DOUBLE THE AMOUNT OF SOCIAL CONTACTS WE HAVE NOW AND STILL FLATTEN THE CURVE".

**FIGURE 2: Contacts stay at approximately 30% (70% physical distancing)**



**FIGURE 5: Contacts increase to 60% (40% physical distancing)**



BC's Modelling:

70% physical distancing (today) vs. 40% physical distancing (suggested goal)

# BC Restart Plan: Absence of Modelling for Remote Communities

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The modelling presented in the BC Restart Plan does not provide information on risks of transmission specific to remote communities

Rather, like the pandemic response, the BC Restart Plan favours an 'all of province' approach

## **WORKING WITH INDIGENOUS, RURAL AND REMOTE COMMUNITIES**

We know people living in rural, remote and Indigenous communities have unique challenges in accessing the care they need. A new, collaborative framework will help ensure people living in these in communities have access to the care and unique supports they need.

The framework outlines immediate actions to improve health care services, including:

- Improved medical transportation options to larger centres, including flight and ambulance;
- Housing options for people looking to self-isolate near their families, while remaining in their home communities;
- New and faster COVID-19 testing technology;
- Culturally safe contact tracing that respects privacy in small communities;
- Access to virtual doctor of the day, a program that connects First Nations members and their families in remote communities to a doctor or nurse practitioner using videoconferencing;
- Options for accommodation near larger centres with more medical services; and
- Increased mental-health supports in communities.

Local leaders will determine how these services will operate in their communities, with priority being given to ensuring residents can make informed decisions about how they receive care.

# BC Restart Plan – How to Keep Transmissions Low: What the new plan means for the public

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Stay at home and keep a safe distance from family when you have cold or flu symptoms, including coughing, sneezing, runny nose, sore throat and fatigue.



No handshaking or hugs outside of your household.



Practice good hygiene, e.g., regular hand washing, avoiding touching your face, covering coughs and sneezes, disinfect frequently touched surfaces.



Keep physical distancing, as much as possible, when in the community; and where not possible, consider using a non-medical mask or face covering.



# BC Restart Plan – How to Keep Transmissions Low: What the new plan means for the public

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And in personal settings, when you're seeing friends and family who don't live with you:

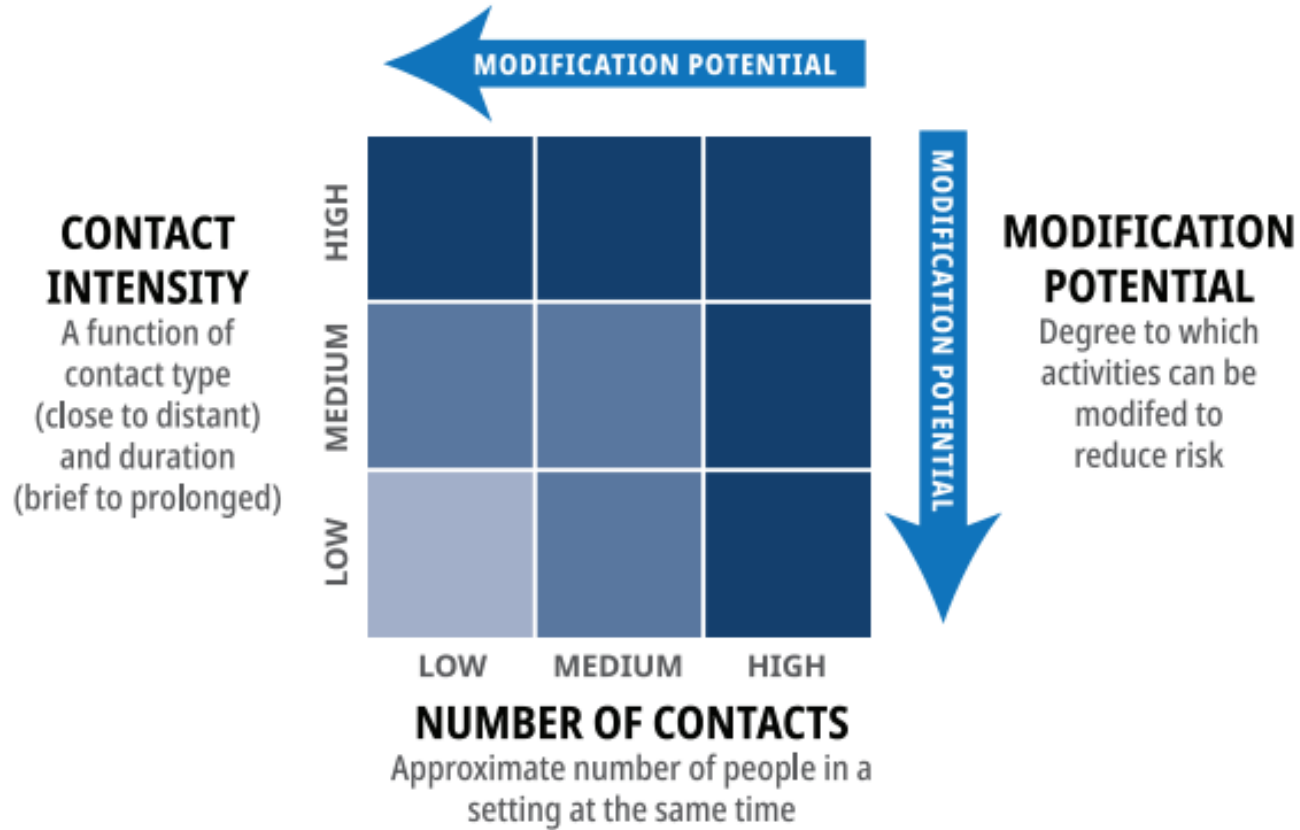


Only get together in small groups of around 2–6 people and keep a physical distance.



Stay home and away from others if you have cold or flu symptoms.

**FIGURE 6: Reducing transmission**



BC Restart Plan –  
How to Keep  
Transmissions Low:  
What the new plan  
means for CCRD

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# BC Restart Plan – How to Keep Transmissions Low: What the new plan means for CCRD



Steps can be taken to reduce the risk, including:



Physical distancing measures – measures to reduce the density of people.



Engineering controls – physical barriers (like plexiglass at checkouts), or increased ventilation.



Administrative controls – clear rules and guidelines.



Personal protective equipment – e.g. use of non-medical masks.

BC Restart Plan –  
How to Keep  
Transmissions Low:  
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means for CCRD



Recommended measures:



Create clear workplace policies that ensure people with cold or flu symptoms do not come to work.



Implement sick day policies that allow people to be off or work safely from home when they are ill or have symptoms of a cold or flu.

# BC Restart Plan – How to Keep Transmissions Low: What the new plan means for CCRD



## Recommended measures:



Provide work from home options, when possible, to reduce contact intensity. When it's not an option, consider measures such as staggered shifts and virtual meetings as much as possible.



Implement strategies that reduce the number and intensity of contacts – from greater use of non-medical masks to more checkouts and increased shopping hours.

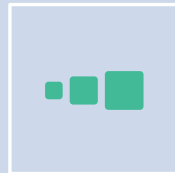
BC Restart Plan –  
How to Keep  
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Recommended measures:



Clean “high-touch” areas in workplaces and retail outlets frequently and provide hand sanitizer at entrances.



Focus on higher-risk employees including those 60+ and those with underlying medical conditions – from more flexible hours, to work from home options and workspace accommodation.

# BC Restart Plan – Phased Approach

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“For the different organizational sectors to move forward, they will be asked to develop enhanced protocols aligned with the Public Health and Safety Guidelines. A cross-ministry committee of deputy ministers will monitor the process and ensure overall alignment with Public Health and Safety Guidelines and WorkSafeBC. The Provincial Health Officer will continue to provide input and advice, as needed, throughout the review process. In some instances, this will require consideration by the Provincial Health Officer of lifting or modifying existing orders before certain businesses re-open. Businesses and organizations that are not covered by a PHO order may re-open or continue to operate, but they will be expected to adopt and implement sector safety plans as they are finalized.”

# BC Restart Plan – Phased Approach

## PHASE 1 (WHERE WE ARE TODAY)

### ESSENTIAL SERVICES OPERATING DURING COVID-19

- Essential health care and health services
- Law enforcement, public safety, first responders and emergency response personnel
- Vulnerable population service providers
- Critical infrastructure
- Food and agriculture service providers
- Transportation
- Industry and manufacturing
- Sanitation
- Communications and information technology
- Financial institutions
- Non-health essential service providers



# BC Restart Plan – Phased Approach

## PHASE 2 (MID MAY ONWARDS)

### UNDER ENHANCED PROTOCOLS

- Restoration of health services
  - » Re-scheduling elective surgery
  - » Medically related services
    - ▶ dentistry, physiotherapy, registered massage therapy, chiropractors
    - ▶ physical therapy, speech therapy, and similar services
- Retail sector
- Hair salons/ barbers/other personal service establishments
- In-person counselling
- Restaurants, cafes, pubs – with sufficient distancing measures
- Museums, art galleries, libraries
- Office-based worksites
- Recreation/sports
- Parks, beaches and outdoor spaces
- Child care

# BC Restart Plan – Phased Approach

## **PHASE 3 (JUNE-SEPTEMBER, IF TRANSMISSION RATE REMAINS LOW OR IN DECLINE)**

### **UNDER ENHANCED PROTOCOLS**

- Hotels and resorts (June)
- Parks – broader reopening, including some overnight camping (June)
- Film industry – beginning with domestic productions (June/July)
- Select entertainment – movies and symphony, but not large concerts (July)
- Post-secondary education – with mix of online and in-class (September)
- K-12 education – partial return in June, full return in September

## PHASE 4 (TBD)

**CONDITIONAL ON AT LEAST ONE OF: WIDE VACCINATION; “COMMUNITY” IMMUNITY; BROAD SUCCESSFUL TREATMENTS.**

- Activities requiring large gatherings, such as:
  - » conventions
  - » live audience professional sports
  - » concerts

- International tourism

The timing of a safe restart of night clubs, casinos and bars is a more complicated consideration. As with other sectors, industry associations will be expected to develop safe operations plans, for review, that are in keeping with Public Health and Safety Guidelines, as well as WorkSafeBC.

Resources to assist businesses and sectors as they restart their activities including new Health Guidelines and Checklists are available at [WorkSafeBC.com](https://www.worksafebc.com).

# BC Restart Plan – Phased Approach

BC Parks and Recreation Sites and Trails BC will reintroduce services in keeping with direction from the Provincial Health Officer.

## **PARKS REOPENING AT A GLANCE**

- |  |               |
|--|---------------|
| ➤ Initial park re-opening (day-use only) | <b>MAY 14</b> |
| ➤ Camping resumes                        | <b>JUNE 1</b> |

Beginning on May 14, 2020, those BC Parks, recreation sites and trails that can accommodate physical distancing will re-open for day use. This will include day-use sites and protected areas.

Parks and recreation sites that can safely provide existing service levels, such as garbage disposal and washroom facilities, will do so. These facilities will be cleaned more frequently.

Some areas and facilities remain closed, including playgrounds, picnic shelters and visitor centres. Check [BCParks.ca](http://BCParks.ca) for the most up to date information.

The BC Restart Plan also includes high-level guidance on:

- Reopening BC Schools
- Reopening Childcare and summer camps
- Expanding Public Transit Services

# Principles Guiding BC Restart Plan

1. Staying informed, being prepared and following public health advice;
2. Practising good hygiene – hand hygiene, avoid touching your face and respiratory etiquette;

# Principles Guiding BC Restart Plan

3. Staying at home and away from others if you are feeling ill – with no exceptions – whether for school, work or socializing;

4. Maintaining physical distancing outside the household, e.g., no handshakes or hugs, keeping your number of contacts low and keeping a safe distance;

# Principles Guiding BC Restart Plan

5. Making necessary contacts safer with appropriate controls, e.g., using plexiglass barriers or redesigning spaces;

6. Increasing cleaning of frequently touched surfaces at home and work;



# Principles Guiding BC Restart Plan

7. Considering the use of non-medical masks in situations where physical distancing cannot be maintained, such as on transit or while shopping; and,

8. Continuing to minimize non-essential personal travel.